
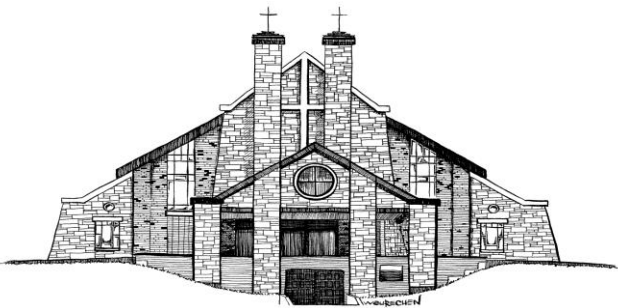


Lent 2019 – 40 Days of Prayer, Fasting and Almsgiving	
Daily Lenten Mass	Monday, Wednesday & Friday at 8:30 a.m.; Tuesday & Thursday at 7:00 p.m.
Stations of the Cross	Every Friday in Lent at 7:00 p.m. Each week a different meditation of the Stations will be used. Everyone is encouraged to make an effort to attend the Stations at least one of the six Friday evenings during Lent, starting March 8
Daily Reflection	<b>With Your Whole Heart:</b> Pope Francis guides the entire Catholic Church with this compassion and wisdom. And yet, his words also speak to us as individuals. This Lent, allow the pope’s words to bring you to a more personal relationship with the Lord, prompting you to take part in this holy season “With Your Whole Heart!” Each day, quotes from Pope Francis are followed by prayers and suggested Scripture passages for further enrichment. Give your faith life a boost as you gain encouragement and insight for your journey toward the great celebration of Jesus’ victory over sin and death at Easter.
Fast & Abstinence	Catholics aged 14 and older abstain from meat on Ash Wednesday and Good Friday. In addition, Catholics from age 18-59 fast on those days, limiting themselves to one full meal and two smaller meals each day.
Almsgiving  Share Lent Sunday April 7	<p style="text-align: center;"><b>TOGETHER FOR PEACE</b></p> <p>During Lent, Development and Peace – Caritas Canada invites you to take part in their new Share Lent campaign: Together for Peace. This campaign calls on us to reflect on the profound meaning of peace by discovering the importance of dialogue as a means for reconciliation and for the construction of peace. Together, let us continue to believe that peace, human dignity and justice can triumph.</p> <p>Peacemaking calls for courage, much more so than warfare. It calls for the courage to say yes to encounter and no to conflict; yes to dialogue and no to violence; yes to negotiations and no to hostilities; yes to respect for agreements and no to acts of provocation; yes to sincerity and no to duplicity. All of this takes courage, it takes strength and tenacity. (Pope Francis, June 8/14)</p> <p>Suggestion: consider putting aside at least one dollar a day to help Development and Peace. May the long-standing support of our parish and its concern for the poor continue to grow stronger in our community. Scripture reminds us that our good deeds go with us into eternity.</p>
 Canadian Food for Children	This year we are collecting <b>skim milk powder and rice</b> . Milk holds huge potential to improve nutrition for hundreds of millions of poor people around the world. It is too expensive, however, for the poorest families to buy. This year we will be collecting POWER MILK and RICE for Canadian Food for Children throughout the season of Lent. These particular food items were suggested in their recent newsletter from Canadian Food for Children. Please bring your items to the church in a reusable cloth bag. Your donations can be placed by the baptismal font up to and including Palm Sunday (April 14).



*Our Lady of Lourdes Church*

173 Lourdes Street  
Waterloo, Ontario N2L 1N5  
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PASTOR:	Rev. Rafal Tomon
DEACON:	Rev. Mr. Phong Hoang
ADMINISTRATIVE ASSISTANT:	Mrs. Patrycja Wiecek Monday to Thursday, 9:00 a.m. to 12:00 p.m.; 1:00 to 5:00 p.m. Friday, 9:00 a.m. to 12:30 p.m.
SUNDAY MASSES:	Saturday 7:00 p.m. Sunday 9:00 & 11:00 a.m. Sunday 2:00 p.m. Vietnamese Martyrs Community Rev. Hanh Van Tran, O.M.I.
SACRAMENT OF BAPTISM:	By appointment – please phone the parish office
SACRAMENT OF RECONCILIATION:	Saturday, 11:00 a.m. to noon Twenty minutes before weekday Masses or by appointment
SACRAMENT OF MARRIAGE:	By appointment – please phone the parish office
BLESSING OF EXPECTANT PARENTS:	Last Sunday of each month after all Masses
ST. VINCENT DE PAUL:	Church door collections – last Sunday of each month

**Announced Mass intentions for March 4 to March 10, 2019**

Monday.....	8:30 a.m. ....	+Albin Perko – Olga Perko
Tuesday... <b>Beechwood Manor</b> .....	10:00 a.m. ....	
Tuesday... ..	7:00 p.m. ....	+ Patricia Neuert; Agnes & Sydney Horton – Estate
Wednesday... <b>Ash Wednesday</b> ..	8:30 a.m. ....	+Ana Granic – Peter & Angela Granic & Family
Wednesday... <b>Ash Wednesday</b> ..	7:00 p.m. ....	
Thursday .....	7:00 p.m. ....	+Karen Kraemer-Dietrich – Bernie & Wanda Logel
Friday .....	8:30 a.m. ....	+Doris & Sheldon Groce – Mary Lou, & Milne Oakes, .....
.....		& Nancy Collins
Saturday.....	7:00 p.m. ....	+Leszek Michalczewski – Dorota & Andzej & Pamela
Sunday.....	9:00 a.m. ....	Living & deceased members of our parish
	11:00 a.m. ....	Special intention

**Offertory collection for Sunday, February 24, 2019: \$3,402.10**

*[Note: This amount does not include donations received through pre-authorized giving.]*

**Monthly Budget Review as of February 28, 2019**

Cumulative financial objective – 8 weeks @ \$7,500 .....		\$60,000.00
Weekly contributions (year to date) .....	\$34,354.06	
Pre-authorized giving (year to date) .....	23,550.98	57,905.04
Over (under) objective.....		(\$2,094.96)

**HOLY WEEK AND EASTER ARE COMING!**

**Please consider volunteering for one or both of the following opportunities:**



**HOLY THURSDAY – WASHING OF THE FEET:** Jesus and his disciples had gathered around the table for the Last Supper. In Jesus’ time, before sitting down to eat a meal, everyone would have their feet washed. This was done because after walking throughout the day in sandals on dirt roads, a person’s feet became very dirty. The washing of feet before a meal was the proper and hygienic thing to do. Normally, the servant of the house was responsible for washing the feet of those present. From the biblical account it appears that no servant was present as Jesus and the disciples entered the house and prepared to eat. None of the disciples volunteered to wash feet. In a move that surprised and humbled the disciples, Jesus got up, poured water into a basin, took a towel and washed his disciples’ feet. When he was finished, John writes in his gospel these words of Jesus, “Now that I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. For I have set you an example, that you should do as I have done to you.” (John 13:14-15). **12 Volunteers of all ages are needed** to participate in this ritual at the Mass of the Lord’s Supper on April 18 at 7:30 p.m. Please contact the parish office at 519-886-0342 or lourdeswaterloo@rogers.com.

**MINISTERS OF HOSPITALITY (USHERS):** Our ushers and other women and men who would like to assist in welcoming the people on Good Friday (April 19), Easter Vigil (April 20) and Easter Sunday (April 21), are asked to contact the parish office to let us know at which liturgies you are able to help.

**LENTEN PENITENTIAL CELEBRATIONS – CITY OF WATERLOO**

- Monday, March 25, 7:30 p.m. .... St. Louis Church
- Tuesday, March 26, 7:30 p.m. .... St. Agnes Church
- Wednesday, March 27, 7:30 p.m. .... St. Michael Church
- Thursday, March 28, 7:30 p.m. .... Our Lady of Lourdes Church

You are encouraged to participate in one of the above penitential celebrations. There will be a number of priests available each evening for Confession. Receiving the Sacrament of Reconciliation prior to Easter helps us to fully appreciate and experience the wondrous depth of the mystery we celebrate during Holy Week.



**We mourn those who have gone before us in death and continue with us in the Communion of Saints.**

+Rose Marie LaFlamme.....February 16, 2019



**DEFENDING THE FAITH CONFERENCE (ADULT)** July 26-28, 2019 in Steubenville, Ohio. Join parishioners of Blessed Sacrament and others this summer to receive a deeper understanding of our Catholic Church teachings and experience a greater sense of confidence in our faith. Bus arrangements have been made. A group discount can apply. For information contact Mary Anne Kearns 519-578-6218 or mackearns@hotmail.com

**45TH ANNUAL PILGRIMAGE TO THE SHRINES OF QUEBEC:** Quebec Pilgrimage - August 5-9, 2019 Our Lady of the Rosary Shrine, Ste. Anne de Beaupre, Sacred Heart Shrine, Our Lady of Lourdes Shrine. 4 nights’ accommodations, 4 breakfasts, 1 lunch, 4 dinners and all religious activities. Cost per person (includes HST) 1 person per room \$795 / 2 persons per room \$725 each/3 persons per room \$695 each. Contact Erna Spoenlein 519-743-1030 or Rose Gunn 519-744-5923 or Angie Hunt 519-766-5262 See advertisement on parish bulletin board for more information.

**ADORATION FOR LIFE:** 2 Locations: Call St. John’s (519) 745-7855 to confirm AFL. Thursday March 7th, 11 a.m.-11:40 a.m. at St. Mary Our Lady of Seven Sorrows RC Church 56 Duke St. W. Kit. Mass at 12:00 p.m. Thursday, March 7th, 6:00 p.m. followed by 7:00 p.m. Mass at St. Agnes RC Church 75 Bluevale St. N. Waterloo or contact Jane Richard at (519) 746-5433 or jane@kwrtl.ca

**LENTEN PREPARATION** - Our Life in Community – Saint John’s Bible Reflection. Join us Tuesday, March 12, 2019, 7:30 p.m. -9:00 p.m. in the Parish Centre. How do we understand 'community' in our modern world? How do we live as community in the Church? What can we learn from the early Christian community? Join us for a reflection on Our Life in Community through the lens of the illumination of the Saint John's Bible. **Dr. Anne Jamieson, Director of Catechesis for the Diocese of Hamilton** will lead us in this retreat steeped in the Word of God. This session will help guide us as we prepare for Easter. Sponsored by St. Michael’s CWL, we welcome all (men and women). **Feel free to bring a friend along too!**

*Welcome to Our Lady of Lourdes Parish*

*WELCOME: to new parishioners or those joining us for the first time. We are happy to have you here with us. Please take some time to fill out a registration form available at the entrances of the church so we might know who you are.*