

**Lent 2018 – 40 Days of Prayer, Fasting and Almsgiving**

**Daily Lenten Mass** Monday, Wednesday & Friday at 8:30 a.m.; Tuesday & Thursday at 7:00 p.m.

**Stations of the Cross** Every Friday in Lent at 7:00 p.m. Each week a different meditation of the Stations will be used. Everyone is encouraged to make an effort to attend the Stations at least one of the six Friday evenings during Lent.

**Daily Reflection** *Rediscover Jesus* is a profound invitation to seek deeply personal answers to our deeply personal questions. Each page seems to effortlessly reach deep into our lives, providing spiritual wisdom and practical insights that help us get to know both Jesus and ourselves in a new way. Some books find us at just the right time, and those books change our lives forever. *Rediscover Jesus* is one of those books.

**Fast & Abstinence** Catholics aged 14 and older abstain from meat on Ash Wednesday and Good Friday. In addition, Catholics from age 18-59 fast on those days, limiting themselves to one full meal and two smaller meals each day.

**TOGETHER FOR PEACE**

**Almsgiving**  
**Share Lent Sunday**  
**March 18**

During Lent, Development and Peace – Caritas Canada invites you to take part in their new Share Lent campaign: Together for Peace. This campaign calls on us to reflect on the profound meaning of peace by discovering the importance of dialogue as a means for reconciliation and for the construction of peace. Together, let us continue to believe that peace, human dignity and justice can triumph.

Peacemaking calls for courage, much more so than warfare. It calls for the courage to say yes to encounter and no to conflict; yes to dialogue and no to violence; yes to negotiations and no to hostilities; yes to respect for agreements and no to acts of provocation; yes to sincerity and no to duplicity. All of this takes courage, it takes strength and tenacity. (Pope Francis, June 8/14)

Suggestion: consider putting aside at least one dollar a day to help Development and Peace. May the long-standing support of our parish and its concern for the poor continue to grow stronger in our community. Scripture reminds us that our good deeds go with us into eternity.

This year we are collecting **skim milk powder and iodized salt**. Milk holds huge potential to improve nutrition for hundreds of millions of poor people around the world. It is too expensive, however, for the poorest families to buy. A deficiency in salt can lead to death from heat stroke, or an enlarged thyroid gland which decreases energy and strength. As well, pregnant mothers lacking iodized salt in their diets put their babies at risk of mental disability. Please bring your items to the church in a reusable cloth bag. Your donations can be placed by the baptismal font up to and including Palm Sunday (March 25).



**Canadian Food for Children**



*Our Lady of Lourdes Church*  
173 Lourdes Street  
Waterloo, Ontario N2L 1N5  
519-886-0342 519-886-0349 (fax)  
lourdeswaterloo@rogers.com  
www.ourladyoflourdeswaterloo.com

**ADMINISTRATOR:** Rev. Rafal Tomon  
**DEACON:** Rev. Mr. Phong Hoang  
**PARISH YOUTH CATECHIST:** Paula Rush  
**ADMINISTRATIVE ASSISTANT:** Bette Honsinger  
Monday to Thursday, 9:00 a.m. to 12:00 p.m.; 1:00 to 5:00 p.m.  
Friday, 9:00 a.m. to 12:30 p.m.

**SUNDAY MASSES:** Saturday 7:00 p.m.  
Sunday 9:00 & 11:00 a.m.  
Sunday 3:00 p.m. Vietnamese Martyrs Community  
Rev. Hanh Van Tran, O.M.I.

**SACRAMENT OF BAPTISM:** By appointment – please phone the parish office  
**SACRAMENT OF RECONCILIATION:** Saturday, 11:00 a.m. to noon  
Twenty minutes before weekday Masses  
or by appointment

**SACRAMENT OF MARRIAGE:** By appointment – please phone the parish office  
**BLESSING OF EXPECTANT PARENTS:** Last Sunday of each month after all Masses  
**ST. VINCENT DE PAUL:** Church door collections – last Sunday of each month

**Announced Mass intentions for February 19 to 25, 2018**

Monday..... 8:30 a.m. .... Dianne Flood – Peter & Gisèle Denommé  
Tuesday ..... 7:00 p.m. .... Special intention of Catherine Evans – Burns Family  
Wednesday ..... 8:30 a.m. .... Special intention – Betty Froese  
Thursday ..... 7:00 p.m. .... Special intention of Phong & Jocelyn Hoang  
Friday ..... 8:30 a.m. .... Edward Prostebby – Eveline Prostebby  
7:00 p.m. .... Stations of the Cross  
Saturday..... 7:00 p.m. .... Yvonne Masur – Wadel Family  
Sunday ..... 9:00 a.m. .... Living & deceased members of our parish  
11:00 a.m. .... Special intention

## Offertory collection for Sunday, February 11, 2018: \$3,815.00

[Note: This amount does not include donations received through pre-authorized giving.]



**TAX RECEIPTS FOR 2017** have been mailed!

### PARISH ANNUAL REPORT – OPEN MEETING

Today, the Spiritual and Financial Report for 2017 was distributed. On Tuesday, February 27 after evening Mass, you are invited to an open parish meeting for a conversational presentation of the report. Members of the Parish Finance Council and the Property and Maintenance Committee will be present to offer information and to field any questions you might have. Come and enjoy refreshments, dialogue and friendship!

**ENTRUST YOURSELF TO GOD'S MERCY!** During Lent Blessed Sacrament Parish is offering 33 Days to Merciful Love, a group retreat in preparation for consecration to Divine Mercy. This 6-week DVD program by Fr. Michael Gaitley will take place Thursday afternoons at 1:00 p.m. in the board room, beginning Thursday March 1. To register or if you have any questions, contact Yvonne 519-570-9029.

**THE VOCATION OFFICE'S NEW ISSUE OF THE REFLECTION SERIES IS OUT!** This issue features a message from our Vocation Director, Father Michael King, and a message from 24 of our 25 seminarians. Please visit the vocation website, [www.HamiltonVocations.com](http://www.HamiltonVocations.com), to view it.

**PRAYER IN THE STYLE OF TAIZE WITH THE SAINT JOHN'S BIBLE:** On Friday, March 2 at 7:00 p.m. at St. Joseph Parish in Fergus, we will be having a Prayer in the Style of Taize with The Saint John's Bible. This will be an opportunity to see the Word of God as we sing meditative songs inspired by the illuminations in The Saint John's Bible. This is open to anyone who is interested in a time of meditative prayer.

**RETRouvaille:** Do you feel alone in your Marriage? - Are you frustrated or angry with each other? Do you argue ... or have you just stopped talking to each other? Retrouvaille has helped 10's of 1000's of couples experiencing marital difficulty. For confidential information or to register for the program beginning with a weekend on March 16, please call 905-664-5212, email [hamiltonretrouvaille1@cogeco.ca](mailto:hamiltonretrouvaille1@cogeco.ca), or visit the web site at [www.retrouvaille.org](http://www.retrouvaille.org).

**CONFERRING OF PAPAL HONOURS:** On Sunday, March 4, Papal Honours will be conferred upon 16 recipients by Gérald Cyprien Cardinal Lacroix, Archbishop of Quebec and Primate of Canada. The honours will be conferred at 1:30 p.m. at the Cathedral Basilica of Christ the King in Hamilton within a Liturgy of the Word celebration. All are welcome to attend.

**CITY OF WATERLOO SENIOR OF THE YEAR AWARD:** Please consider nominating someone in our community for this prestigious award. The nominee must be 65 years of age or older, and be someone who has contributed on a voluntary basis to the enhancement of life in the City of Waterloo. Award recipients will be recognized at a special ceremony at City Hall in June, 2018. Nominee's volunteer activities may have been in fields such as the arts, community service, education, environment, humanitarian activities, sports or other areas where they have had an impact on life in Waterloo. Nominations must be submitted by the end of March, 2018. Help the City of Waterloo to recognize its deserving older adult volunteers. For more information and nomination forms, please visit [www.waterloo.ca/agefriendly](http://www.waterloo.ca/agefriendly).

**Retirement:** Our administrative assistant, Bette Honsinger, is planning to retire on May 4 of this year. We will miss her very much. We are very thankful for her 25 years of wonderful work and wish her all the best in her retirement.

Fr. Rafal

**BUS TO 26th ANNUAL "LIFT JESUS HIGHER" RALLY:** Saturday, March 3rd, bus leaves the parking lot of St. Mark's Catholic Church at 6:50 a.m. (55 Driftwood Dr., Kitchener) to head to the Metro Toronto Convention Centre. Bus tickets are \$15/person (includes snacks and driver gratuity). For bus tickets please call Anna at 519-577-8519. For rally tickets or info, visit [www.lift-jesus-higher-rally.ca](http://www.lift-jesus-higher-rally.ca).



**FANTASTIC FAITH FINDERS:** Our next youth group meeting will be on Friday, February 23 from 6:30-8:30 p.m. in the church hall. Please join us as we prepare our hearts for this Lenten season. We hope to see you there!! For more information, contact Tiffany Scott at [tscott1201@rogers.com](mailto:tscott1201@rogers.com).

**DIOCESAN WEDDING ANNIVERSARY MASS:** Are you celebrating your 25<sup>th</sup>, 40<sup>th</sup>, 50<sup>th</sup>, 60<sup>th</sup> or 60+ wedding anniversary in the year 2018? If you are, you are invited to join couples from across the Diocese for a Wedding Anniversary Mass on Sunday, June 10 at the Cathedral Basilica of Christ the King at 1:30 p.m. Refer to the poster on the church bulletin board or go to [www.hamiltondiocese.com](http://www.hamiltondiocese.com).

**VOCATION SEEDS:** Lent: the springtime of the soul...is a time to make a new covenant with God, develop new signs of our relationship with our Creator. Go into your own desert and discover what God is asking of you. If you think God could be calling you to be a priest, religious, or permanent deacon, contact Fr. Michael King, Vocation Director, Diocese of Hamilton, at 905-528-7988 x2246 or [vocations@hamiltondiocese.com](mailto:vocations@hamiltondiocese.com).

**AGE-FRIENDLY WATERLOO – PUBLIC ENGAGEMENT SESSION:** Join us to evaluate the City of Waterloo's progress on its age-friendly action plan. The City of Waterloo joined the World Health Organization's network of age-friendly cities in 2012, and we aim for all residents to age safely, enjoy good health, and participate fully in their community. You are invited to attend one of the following sessions: Tuesday, February 20, 10 a.m. to 12 p.m. or Monday, February 26, 3 to 5 p.m. at Waterloo Memorial Recreation Complex, 101 Father David Bauer Dr. Everyone is invited to this free event but RSVP via [afc.waterloo@gmail.com](mailto:afc.waterloo@gmail.com) or 289-241-3804. Wheelchair accessible, free parking, refreshments provided.

**SPECIAL LENTEN PROJECT:** St. Teresa Parish, 19 Flamingo Dr., Elmira will be offering a series of talks on Medieval Art and Architecture during the season of Lent on Thursday evenings, February 15, February 22, March 1 and March 8 at 7 p.m. in the church. The talks with power point visual display will be given by Dr. Joan Coutu, Professor of Art History at the University of Waterloo. Please join us.



### Joint Lenten Retreat with Waterloo Catholic Women's Leagues

Our Lady of Lourdes Church Hall

March 3 at 8:45 a.m. (arrive 8:15 to 8:45) to 11:30 a.m.

Come listen to a wonderful speaker, Anne Jamieson from the Hamilton Diocesan Office, talk about "The Rhythm of Lent".

Then Mass at 10:00 a.m. and delicious refreshments after.

Please call Marg at 519-886-8258 or Helen at 519-885-2776 if you can attend.