



THE POPE'S MARCH INTENSIONS FOR 2019

Recognition of the Right of Christian Communities That Christian communities, especially those who are persecuted, feel that they are close to Christ and have their rights respected.

ST. TERESA PARISH LENTEN RETREAT, 44 Leonard Street, Kitchener will take place from Sunday, March 31st – Wednesday, April 3rd. Mass will begin the retreat at 7:00 p.m. on Monday, Tuesday and Wednesday. Our retreat master is Father David Perrin from St. Jerome's University. All are welcome.

NATURAL FAMILY PLANNING INFORMATION SESSION: Remarkable scientific advancements have occurred since the rhythm method of the 1930's. No need for thermometers or rhythm calculations! Did you know the Billings Ovulation Method has a success rate of 99% in postponing pregnancy? Join us March 25th at 7:00 p.m. in the St. Basil's Parish rectory in Brantford for a presentation and introduction into Natural Family Planning. For more information or to register please contact Janine Doyle at janinedoyle@hotmail.ca or 519-304-6422.

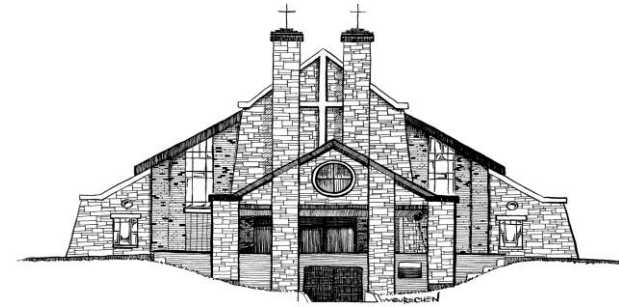
SEPARATION AND DIVORCE can be a painful and confusing time for those living the experience. Learning how to cope and being supported by those who have lived through it as well is important to ensure future health. The Family Ministry Office offers Levels programs in Kitchener for you if you are in this situation, or may want to refer anyone else you may know that is in need. Check out the website at hamiltondiocese.com, or call the parish office and we can give you their number to call. The program begins this week on Tuesday, so don't wait. Registrations at the session Tuesday are welcome.

HEARTACHE TO HEALING – ST. MICHAEL'S GRIEF SUPPORT GROUP – 6 week support group beginning May 1st. St. Michael's 6 week grief support group sessions will be available again starting May 1st. The program assists those who have lost a loved one, or another significant loss. This program follows the process developed by Dr. Bill Webster, an experienced leader in grief counselling. The sessions will be held on Wednesday evenings from 7:00-8:30 p.m. (May 1, 8, 15, 22, 29, June 5), at St. Michael's, 80 University Ave. W. Waterloo. There is no fee, but you must register by April 12th. To register, or for more information, please contact the parish office 519-884-9311.

LENTEN PROJECT: Saturday, April 6, 2019 at the Maryhill Heritage Park Community Centre (58 St. Charles St. E., Maryhill) at 10:00 a.m. – 12:30 p.m. Guest speaker is Anna Krysciak, chaplain at the University of Guelph and a much respected speaker. Her topic is "How do we save ourselves – Our Salvation". Refreshments and a snack will be provided at break. A small free-will offering would be appreciated. All welcome. Please call (519) 648-2939 with numbers so we have an approximate idea of attendance.



MIRACLES HAPPEN EVERY DAY: a CWL Women's Retreat on Sat., March 30th, from 9:00 a.m. – 12:00 p.m. at St. Louis Church, 53 Allen Street East., sponsored by the four Waterloo Catholic Women's Leagues. Celebration of the Eucharist: 9:00 a.m. then enjoy a Lenten time reflecting on the beauty and joy of seeing miracles all around us each day. Facilitated by Mrs. Teresa Hartnett (Director of Family Ministry for Diocese of Hamilton) Refreshments will be served. No attendance fee or prior registration necessary. All women welcome. Questions? Call: (519) 745-3032.



Our Lady of Lourdes Church
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PASTOR: Rev. Rafal Tomon
DEACON: Rev. Mr. Phong Hoang
ADMINISTRATIVE ASSISTANT: Mrs. Patrycja Wiecek
Monday to Thursday, 9:00 a.m. to 12:00 p.m.; 1:00 to 5:00 p.m.
Friday, 9:00 a.m. to 12:30 p.m.
SUNDAY MASSES: Saturday 7:00 p.m.
Sunday 9:00 & 11:00 a.m.
Sunday 2:00 p.m. Vietnamese Martyrs Community
Rev. Hanh Van Tran, O.M.I.
SACRAMENT OF BAPTISM: By appointment – please phone the parish office
SACRAMENT OF RECONCILIATION: Saturday, 11:00 a.m. to noon
Twenty minutes before weekday Masses or by appointment
SACRAMENT OF MARRIAGE: By appointment – please phone the parish office
BLESSING OF EXPECTANT PARENTS: Last Sunday of each month after all Masses
ST. VINCENT DE PAUL: Church door collections – last Sunday of each month

Announced Mass intentions for March 25 to March 31, 2019

Monday..... 8:30 a.m. +Steve Maloney – Regina Maloney
Tuesday... . 7:00 p.m. +Dougl's Rickert – Vivian Rickert
Wednesday 8:30 a.m. +George Hickson – Marlene Hickson & Family
Thursday..... 7:00 p.m. Special Intention – St. Vincent de Paul
Friday 8:30 a.m. Special Intention
Friday 7:00 p.m. Stations of the Cross
Saturday..... 7:00 p.m. +Mary Jo DaSilva – Family
Sunday..... 9:00 a.m. Living & deceased members of our parish
11:00 a.m. Special intention

Offertory collection for Sunday, March 17, 2019: \$3,558.15

[Note: This amount does not include donations received through pre-authorized giving.]



‘One Heart, One Soul’ campaign nears kickoff!

Months of preparation are leading us to the next step of the *One Heart, One Soul* Campaign for the Diocese of Hamilton.

A public kickoff Mass will be held at noon on Monday, March

25, Solemnity of the Annunciation of the Lord, at the Cathedral Basilica of Christ the King. The Mass will be celebrated by Bishop Douglas Crosby, OMI, and followed by a reception at the Cathedral. The campaign’s Pilot Wave parishes will be holding kickoffs for their own efforts in April. Three additional waves over the next two years will allow every parish in the diocese to participate. Most of the funds from the three-year campaign will go to parish projects, with a special emphasis on the parishes most in need. A number of diocesan ministries will benefit as well. A series of Frequently Asked Questions about the campaign can be found on the campaign website – www.oneheartonesoul.ca.

THE KNIGHTS OF COLUMBUS COUNCIL 8192 is hosting a **FISH FRY** on **Friday, March 22, 2019** at St. Teresa of Avila Parish Hall, 19 Flamingo Drive, Elmira. There will be continuous seating – 5:30 p.m. to 7:00 p.m. Take-out will be at 5:00 – 5:30 p.m. Cost is Adults \$16.00; Children (12 & under) \$8.00; and Take Out is \$16.00. Advanced tickets are available until March 20th. Purchase your tickets at St. Teresa of Avila Parish Office between 9:00 a.m. and 1 p.m. or call (519) 669-3387. Don’t miss out on this popular annual dinner. Proceeds go to the Knights of Columbus Charities.



PRAYING WITH THE LABYRINTH: The Catholic Women’s League invites everyone in the parish to a *Lenten pilgrimage* in our parish hall on **Thursday, March 28th, after the 7:00 p.m.** Mass. Centuries ago, pilgrims who were unable to go to

Jerusalem, would make a symbolic pilgrimage, following the path of the labyrinth in their own cathedrals. On March 28th, we invite you to try this prayerful experience by putting on your indoor walking shoes and joining us in making that journey on a labyrinth in the parish hall. Praying with the labyrinth may help us see our own faith journey towards God and how we carry that faith to the world. Charlie Van Alphen, a retired principal and religion consultant in the Catholic School Board, will be our facilitator. Everyone is welcome.

LENTEN PENITENTIAL CELEBRATIONS – CITY OF WATERLOO

- Monday, March 25, 7:30 p.m.** St. Louis Church
- Tuesday, March 26, 7:30 p.m.** St. Agnes Church
- Wednesday, March 27, 7:30 p.m.** St. Michael Church
- Thursday, March 28, 7:30 p.m.** Our Lady of Lourdes Church

You are encouraged to participate in one of the above penitential celebrations. There will be a number of priests available each evening for Confession. Receiving the Sacrament of Reconciliation prior to Easter helps us to fully appreciate and experience the wondrous depth of the mystery we celebrate during Holy Week.



HOLY WEEK AND EASTER ARE COMING!

Please consider volunteering for one or both of the following opportunities:

HOLY THURSDAY – WASHING OF THE FEET: Jesus and his disciples had gathered around the table for the Last Supper. In Jesus’ time, before sitting down to eat a meal, everyone would have their feet washed. This was done because after walking throughout the day in sandals on dirt roads, a person’s feet became very dirty. The washing of feet before a meal was the proper and hygienic thing to do. Normally, the servant of the house was responsible for washing the feet of those present. From the biblical account it appears that no servant was present as Jesus and the disciples entered the house and prepared to eat. None of the disciples volunteered to wash feet. In a move that surprised and humbled the disciples, Jesus got up, poured water into a basin, took a towel and washed his disciples’ feet. When he was finished, John writes in his gospel these words of Jesus, “Now that I, your Lord and Teacher, have washed your feet, you also ought to wash one another’s feet. For I have set you an example that you should do as I have done to you.” (John 13:14-15). 12 Volunteers of all ages are needed to participate in this ritual at the Mass of the Lord’s Supper on April 18 at 7:30 p.m. Please contact the parish office at 519-886-0342 or lourdeswaterloo@rogers.com.

MINISTERS OF HOSPITALITY (USHERS): Our ushers and other women and men who would like to assist in welcoming the people on Good Friday (April 19), Easter Vigil (April 20) and Easter Sunday (April 21), are asked to contact the parish office to let us know at which liturgies you are able to help.

ADORATION FOR LIFE Thursday April 4th, 11:00 a.m.-11:40 a.m. at St. Mary Our Lady of Seven Sorrows RC Church 56 Duke St. W. Kit. Mass 12:00 p.m. Thursday, April 4th, 6:00 p.m. followed by 7:00 p.m. Mass at St. Agnes RC Church 75 Bluevale St. N. Waterloo Friday April 5th, 6:00 p.m. -7:00 p.m. St. Teresa RC Church Adoration Chapel 44 Leonard St. Kit. Mass 7:00 p.m. Thanks for all you do for “the poorest of the poor” and who support this important mission. Jane Richard KW Right to Life President 215 Lancaster St. W. Kitchener ON N2H 4T9

AN APRIL AFTERNOON BRIDGE & CARD PARTY Tickets are now available for our annual card party on Wednesday, April 24th in the Parish Life Centre. Doors open at 11:30 a.m. with lunch served at 12:00 noon. Cost is \$15 per person which includes lunch, refreshments and prizes and lots of fun playing your favorite game with friends. Plan to join us. Hosted by St. Anthony Daniel Parish CWL. For tickets contact the parish office at 519-893-6960.

Welcome to Our Lady of Lourdes Parish

WELCOME: to new parishioners or those joining us for the first time. We are happy to have you here with us. Please take some time to fill out a registration form available at the entrances of the church so we might know who you are.