

PENTECOST



MASS INTENTIONS June 6 to June 12

Monday 8:30 a.m. +Souls in purgatory – Joan Cassidy
Tuesday 7:00 p.m. +James Gorloff – Joan Cassidy

Wednesday 8:30 a.m. +Sheldon & Doris Groce
– Mary Lou & Miles Oakes & Nancy & Garry Collins
Luther Village 10:00 a.m. +Paul Mills –Angela Maddappuli

Thursday 7:00 p.m. +Thomas Hogan
– Mary & Gerry Mulhern
Friday 8:30 a.m. +Souls in purgatory –Olga Perko

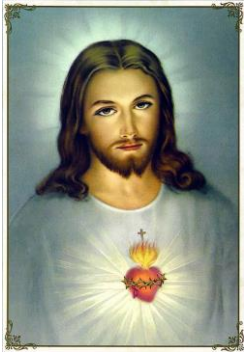
The Most Holy Trinity

Saturday 7:00 p.m. +Don Etue – Family

Sunday 9:00 a.m. Living & deceased
Livestream Mass members of our parish
Sunday 11:00 a.m. Special intention

Offertory Collection for Sunday, May 29, 2022: \$6,641.20
(Note: This amount does not include donations received through pre-authorized giving.)

Building Fund\$50.00
Indigenous Reconciliation Fund.....\$600.00



8 Ways to honour the Sacred Heart of Jesus in June at home.

Each of the 12 months of the year has a Catholic devotional theme. It's a great way to bring special traditions, symbols, colors and even foods to enrich our faith life at home. During this time that so many of us are self-quarantined and face restrictions in public places, including our churches, the rich traditions and treasures of our faith provide special and reassuring blessings.

June is the beautiful month of the Sacred Heart. Here are 8 ways you can make your home come alive with love for the Sacred Heart of Jesus.

1. START YOUR MORNING WITH THE SON For the entire month, do the morning offering to the Sacred Heart of Jesus. Leave it near your bedside, pasted on your bathroom mirror, or at the breakfast table so you remember to say it first thing in the morning: *O Jesus, through the Immaculate Heart of Mary, I offer You my prayers, works, joys and sufferings of this day for all the intentions of Your Sacred Heart, in union with the Holy Sacrifice of the Mass throughout the world, in reparation for my sins, for the intentions of all our associates, and in particular for the intentions of our Holy Father for this month.*

2. DECORATE YOUR TABLE Set the table or a prominent place in your home with an image of the Sacred Heart and a candle or bouquet of flowers as a constant visual reminder of devotion.

3. PUT YOUR HEART INTO IT Do a Sacred Heart craft with your kids. Here's an easy one: get a grapevine wreath resembling

the crown of thorns and place in the center of your kitchen or dining table. Make a large heart out of construction paper to place in the middle of the wreath. Upon the heart, each member of the family writes a prayer intention and/or a work of mercy they will offer to the Sacred Heart all month. Keeping it simple? Just write your prayer intentions or offerings on a paper heart and place before your image of the Sacred Heart.

4. COOK FOR THE KING Make food in honour of the Sacred Heart. Here's an easy one: prepare or purchase cupcakes and then top with strawberries cut in the shape of a heart. To make the recipe even more devoted to the Sacred Heart, try making them red velvet cupcakes.

5. OFFER SPECIAL PRAYERS TO THE SACRED HEART Pray one of the many beautiful Sacred Heart prayers. As part of grace before meals you might try adding a brief but beautiful prayer such as Prayer to the Sacred Heart of Jesus and or a beautiful novena to the Sacred Heart that would be very meaningful to pray before sleep (it was St. Padre Pio's go-to novena, as he recited it every day for those who requested his prayers).

6. PARTICIPATE IN EUCHARISTIC ADORATION ONLINE Participate in a Holy Hour of Eucharistic Adoration online or on television as a way to honour the Sacred Heart of Jesus as present in the Eucharist. This is a great way to increase not only faith, hope and love but also peace, freedom from anxiety, and comfort in your own heart.

7. SET YOUR ALARM FOR 3:00 P.M. That's the hour of Divine Mercy, a devotion inexorably linked to the Sacred Heart of Jesus, as it reminds us of the outpourings of Jesus' heart, with these words, "O blood and water which gushed forth from the heart of Jesus as a fount of mercy for us, I trust in you." Purpose to pray the Divine Mercy chaplet every day this month at 3:00 p.m., the hour that Jesus died for us. It is such a beautiful devotion that it will likely remain a favorite of yours long after June is over.

8. MAKE A SACRED HEART GARDEN This is a wonderful activity for the whole family. In front of an outdoor statue of the Sacred Heart, a garden sculpture of a heart, or even a homemade stepping stone with a heart traced in the concrete, plant flowers that honour the Sacred Heart of Jesus. Flowers for a Sacred Heart Garden could include a display of any blooms in red and orange tones. Dicentra, commonly known as "Bleeding Heart," has a string of heart-shaped blooms that are a symbolic image of sacrificial love. Roses symbolize love and the crown of thorns, so they would be a great choice. Other beautiful choices to honour Jesus include the "Star of Bethlehem" flower and Caladium, also known as "heart of Jesus."



"THE CATHOLIC WOMEN'S LEAGUE OF CANADA has worked in the parishes and diocese of our country in support of the Church's mission for more than a century! Members of the League are often among the most committed and active parishioners' priests can rely on to support the pastoral care of parishioners and address social issues" said Bishop Stephen Jensen, Bishop of Prince George and National Spiritual Advisor of the League. He has asked Bishops to promote the League in the Diocese and encourage parishes to support the organization as a valued collaborator in the mission we all share. As the largest grassroots organization of women in Canada, we encourage women to become members of the League. If you would like to join our CWL of Our Lady of Lourdes Parish, please send an email to our parish office.

Gospel Reading

John 20:19-23

Jesus appears to his disciples and gives them the gift of the Holy Spirit.

Background on the Gospel Reading

The season of Easter concludes with today's celebration, the feast of Pentecost. On Pentecost we celebrate the descent of the Holy Spirit upon the Apostles gathered in the upper room in Jerusalem; this event marks the beginning of the Church. The story of Pentecost is found in the Acts of the Apostles, today's first reading. The account in today's Gospel, taken from the Gospel of John, also recounts how Jesus gave the gift of the Holy Spirit to his disciples. There is no need to try to reconcile these two accounts to each other. It is enough to know that, after his death, Jesus fulfilled his promise to send to his disciples a helper, an advocate, who would enable them to be his witnesses throughout the world.

We previously heard today's Gospel on the second Sunday of Easter. At that time, we also heard the passage that follows, which describes Jesus' appearance to Thomas. In that context, we were led to reflect on belief and unbelief.

In the context of the feast of Pentecost, this reading reminds us about the integral connection between the gifts of peace and forgiveness and the action of the Holy Spirit. Jesus greets his disciples with the gift of peace. Jesus then commissions his disciples to continue the work that he has begun, "As the Father has sent me, so I send you." As he breathes the Holy Spirit upon them, Jesus sends his disciples to continue his work of reconciliation through the forgiveness of sins.

This Gospel reminds us that the Church is called to be a reconciling presence in the world. This reconciling presence of Christ is celebrated in the Church's sacramental life. In the Sacrament of Baptism, we are washed clean from sin and become a new creation in Christ. In the Sacrament of Penance, the Church celebrates the mercy of God in forgiving sins. This reconciling presence is also to be a way of life for Christians. In situations of conflict, we are to be agents of peace and harmony among people.

DIOCESAN PRAYER CALENDAR

This week let us pray for...

Jun 6	Rev. John Schnurr
Jun 7	Rev. Grzegorz Ogorzalek
Jun 8	Parish Staff
Jun 9	Rev. Joseph Gregory Michel
Jun 10	Rev. Francis Salasiar, C.S.C
Jun 11	Rev. Roland Hodara

Prayer for Vocations... God, the source of creation and love, you invite each of us to serve you through the life which is your gift. May your grace encourage men and women to heights through service to the Church as priests, sisters, brothers, and lay ministers. Make me an instrument to encourage others to give themselves and challenge me to do the same. Amen.



THE CARMEL OF ST. JOSEPH GUILD invites all members, families and friends to attend the Feast of Our Lady of Mount Carmel Mass to be held **Sunday, July 17, 2022, at 2:00 p.m.** at St Agatha Catholic Church located at 1839 Notre Dame Dr. in St Agatha. The Rosary will precede the Mass. The celebrant will be Rev. Bishop Crosby, Bishop of Hamilton. Reception with light refreshments to follow.



OUR LADY OF LOURDES SMALL FAITH GROUP

invites you to join our living rosary to pray for the needs of the parish and the community. For **June 2022**, we are praying for the following:

1. Fathers, and all who take on the role of fathers, will offer love and support to their children, just like Jesus Christ holding out his Sacred Heart for us, and Saint Joseph who took on the earthly father role for Jesus. May God grant them the grace to let their faith and love shine forth, so that they may be mentors and guides for the next generation.
2. Pope Francis' monthly intention – Families.
3. The sick and their caregivers.
4. The living and deceased members of our parish.
5. The special intentions for the members of our parish.

By volunteering, you will be responsible to say one decade of the mysteries of the Rosary every day for the coming month. If you are interested or would like more information, please sign up here <https://forms.gle/JHvwtqB59FJRMNub8>.

SUMMER PARISH OFFICE: July & August, please note that the parish office will be **open** on Wednesday, Thursday, Friday and **closed** on Monday and Tuesday.



JOIN US FOR PARISH BBQ on Sunday June 26, 2022, at 12:00

p.m. BBQ Menu: Hamburgers & hotdogs (with all the fixin's), juice, pop, water and potluck salads & desserts. Please pick up your tickets: free of charge at the entrance of the church or at the parish office. Each family member will require a ticket, this will help us determine food requirements. Each family is asked to bring a salad or dessert. (There is no refrigeration on site. To keep your salad or dessert fresh, be sure to keep it on ice in a cooler.) Don't forget your lawn chairs!

We are still in need of volunteers to help us with this event, if you are able to assist in any way, please contact the parish office.



THE POPE'S JUNE INTENTIONS FOR 2022

Families

We pray for Christian families around the world; may they embody and experience unconditional love and advance in holiness in their daily lives